

Dr. Denese Shervington has an intersectional career in public health and academic psychiatry. She is the President of The Institute of Women and Ethnic Studies (IWES), a community-based translational public health institute in New Orleans. She is also the Chair of Psychiatry at Charles R. Drew University. Dr. Shervington has held Clinical Professorships in the Departments of Psychiatry at Columbia University and Tulane University. A graduate of New York University School of Medicine, she also received a Masters of Public Health in Population Studies and Family Planning from Tulane University School of Public Health. She completed her residency in Psychiatry at the University of California San Francisco and is certified by the American Board of Psychiatry and Neurology. A Fellow of the American Psychiatry Association, in 2018 she received the Award for Excellence in Service and Advocacy; prior to which she received the Jeanne Spurlock Minority award. Dr. Shervington is also a member of the American College of Psychiatrists. In July 2019, Dr. Shervington testified before the Congress of the United States House of Representatives' Committee on Oversight and Reform on Childhood Trauma. She also co-chairs the New Orleans City Council (R-18-344) Children Youth Planning Board Taskforce on Childhood Trauma. In 2020, Dr. Shervington was appointed as a member of the Scientific Board of the Centre for Society and Mental Health at Kings College, London. She has authored several papers in peer-reviewed journals addressing health disparities, the social determinants of health and resilience in underserved communities. Her recent publication is *Healing Is the Revolution*, a guide to healing from historical, intergenerational, interpersonal and community trauma. She also hosts the podcast *Healing is the Revolution* in which her guests share and explore their healing journey through their traumas. She is the proud parent of two amazing children, Kaleb and Iman, and grandchildren Ayelet and Haddassah.

CURRICULUM VITAE

DENESE O. SHERVINGTON M.D., M.P.H.

MEDICAL LICENSES:

New York	159823-1	8/84 - Present
Florida	48650	6/86 - Present
Louisiana	08351R	5/90 - Present
Washington DC	MD32288	5/00 – Present
California	G041577	8/05 - Present

EDUCATION:

1/92 - 7/93 **Masters of Public Health (MPH)**
Concentration: International Health - Population Studies/Family Planning
Tulane University School of Public Health and Tropical Medicine; New Orleans, LA

7/88 **American Board of Psychiatry & Neurology #30376**

7/81 - 6/84 **Residency - Psychiatry**
University of California San Francisco
San Francisco, CA

2/79 - 2/80 **Internship - Family Practice**
Martin Luther King Hospital, Los Angeles, CA

7/78 - 1/79 Postgraduate Research - Tropical Medicine
University of the West Indies, Kingston, JA

5/79 National Boards Diplomate

9/74 - 6/78 **Medical Doctor (MD)**
New York University School of Medicine
New York, N.Y.

1/71 - 6/74 B.A. Chemistry (cum laude)
Hunter College, New York, N.Y.

1/64 - 1/69 G.C.E. O'Level with honors, major Science
Immaculate Conception High School, Kingston, JA

PROFESSIONAL/ACADEMIC EXPERIENCE

12/2018 – Present **Chairperson, Professor and Assistant Dean of Education**
College of Medicine

Charles Drew University of Medicine and Science
Department of Psychiatry and Behavioral Medicine
Los Angeles, California 90059

Dr. Shervington manages and provides leadership to all clinical, academic, administrative and research activities of the Department of Psychiatry, as well as the common core of all graduate medical educational activities. CDU is a mission-driven science university dedicated to transforming the lives of underserved communities through health professions education, biomedical research and compassionate patient care. Since the school was incorporated in 1966, CDU has been serving South Los Angeles and beyond by working to eliminate health disparities and providing unique, quality education and training opportunities for future health care leaders.

01/2008 - present President
Institute of Women and Ethnic Studies (IWES)
New Orleans, LA

IWES is a not-for-profit 501 (c) (3) community-based translational public health organization, whose mission is to improve the physical, mental and spiritual health and quality of life by addressing health disparities and inequities. Dr. Shervington advises the community-level post-disaster mental health recovery division which develops and implements population-based services to address trauma-based disorders and comorbidities in marginalized communities.

2018 – present Consultant Supervisory Psychiatrist
Metropolitan Human Services District
New Orleans, LA

Dr. Shervington serves as a psychiatric consultant to agency-wide social workers and nurses, conducting monthly trainings on a wide range of topics, including trauma, substance use disorders, psychotherapy, and medication management

6/2010 - 12/30/18 Clinical Professor of Psychiatry
Tulane University Department of Psychiatry and Neurology
Tulane University Medical Center (TUMC)
New Orleans, LA

Dr. Shervington served as psychotherapy (individual and group) and medication management supervisor to the psychiatric residency program at TUMC. She also conducted complimentary medicine seminars on acupuncture and traditional Chinese medicine.

9/12 – 7/14 Consultant - New Orleans Recovery School District
Dr. Shervington furnished the following services to the State of Louisiana Department of Education, Recovery School District (RSD): 1) establishing a therapeutic services delivery model within the RSD schools; and, 2) enhancing and expanding the professional competencies of RSD schools educational and psychosocial services support staff.

5/09 – 8/11 Post Traumatic Stress Disorder Program

Southeast Louisiana Veterans Health Care System
New Orleans, LA

Dr. Shervington provided psycho-pharmacologic management to the PTSD program. She also supervised the psychiatric residents from Tulane University who rotated through the clinical service.

1/05 – 6/30/10 Clinical Professor of Psychiatry

Division of HIV Center for Clinical and Behavioral Studies
Department of Psychiatry
Columbia University Medical Center
New York, N.Y

Dr. Shervington served as a training consultant for the HIV mental health training Project at the Columbia HIV Center. This project provided training on the latest developments in mental health aspects of the AIDS epidemic, funded by the NY/NJ AETC and New York State Department of Health AIDS Institute. Dr. Shervington provided technical assistance, in-service trainings, psychiatric consultations on the following topics: Cross Cultural Issues and Cultural Proficiency in Diagnosis and Treatment of HIV Disease; Reducing HIV Risk in Adolescents; Working with Children/Adolescents with or Affected by HIV/AIDS; HIV and Post Traumatic Stress Disorder; Management of Personality Disorders and how they affect HIV Care; Managing Difficult Behaviors; Suicidality and Violence in Patients with HIV.

12/04 – 12/06

Director of Psychiatry
Harlem Hospital Center
Columbia University Medical Center Affiliate
New York, N.Y.

Dr. Shervington provided leadership and directed the in-patient, psychiatric emergency room and outpatient mental health and substance abuse services for the hospital. Additionally, Dr. Shervington supervised the professional development of clinical staff, including the psychiatric residents.

9/1/03 - 10/31/04

Chairperson, Associate Professor
Department of Psychiatry and Behavioral Sciences
Meharry Medical College
Nashville, TN

Dr. Shervington managed and provided leadership to all clinical, academic, and research activities. Meharry Medical College, founded in 1876, is the oldest African American medical institution, developing competent and compassionate health professionals who provide care to the poor, disadvantaged and underserved racial minority communities in the U.S.

7/1/00 - 7/15/03

Regional Medical Director
Office of Mental Health, Region 1
New Orleans, LA

Dr. Shervington served as senior clinical consultant to the Regional Manager in the planning, implementation and evaluation of regional mental health clinical programs, both in- and out-patient. She also established and implemented policies and standards of care and treatment, focused on regional and statewide infrastructure development for Co-Occurring Disorders.

11/2/98 - 6/30/00 Deputy Assistant Secretary of Population Affairs
Dept of Health and Human Services
Office of Population Affairs
Bethesda, MD

Dr. Shervington advised the U.S. Secretary and Assistant Secretary of Health on matters related to domestic family planning services and population research. She had oversight over the National Family Planning program, Title X; and the Adolescent Family Life Program, Title XX. During her tenure, Dr. Shervington initiated the process that resulted in the 2001 Surgeon General's Call to Action to Promote Sexual Health and Responsible Sexual Behavior.

11/95 - 10/98 Public Health Executive Director (Division Chief)
Division of Health Services
State of Louisiana Department of Health and Hospitals
Office of Public Health
New Orleans, LA

Dr. Shervington had oversight over the statewide Family Planning, Maternal and Child Health, Children Special Health Services, Genetics and Nutrition programs. Her duties included: 1) systems and program coordination and integration; 2) maintenance of core public health functions and activities - assessment, assurance and policy development.

7/94 - 7/96 Medical Director of Family Planning
State of Louisiana Department of Health and Hospitals
Office of Public Health
New Orleans, LA

12/93 - 11/95 Director of Family Planning Education and International MCH Program
Development
Associate Professor of Public Health
Department of OB/GYN, LSUMC

4/94 - 8/05 Adjunct Associate Professor
Department of Applied Health Sciences
Tulane University School of Public Health
New Orleans, LA

4/94 - 4/04 Clinical Assistant Professor
Tulane University Department of Psychiatry and Neurology
New Orleans, LA

10/90 - 6/94 Assistant Professor of Psychiatry
Louisiana State University Medical Center (LSUMC)
New Orleans, LA

1/01 - 6/30/03 Associate Clinical Professor of Psychiatry

Louisiana State University Medical Center (LSUMC)
New Orleans, LA

- 12/93 - 6/94 Medical Director
New Orleans Target Cities Substance Abuse Project,
LA. Office of Alcohol and Drug Abuse
- 1/88 - 7/90 General Psychiatric Private Practice
Acute Inpatient and Outpatient Treatment
Orlando, FL
Clinical Director (9/89 - 7/90)
Laurel Oaks Residential Treatment Center
Medical Director (6/89 - 4/90)
Mainstream Daytona Partial Hospital Program
Clinical Director (5/88 - 4/89)
Winter Park Pavilion Chemical Dependency In-patient Unit
- 4/87 - 12/87 Associate Psychiatrist
The Group for Psychiatry and Psychology, Orlando, FL
- 7/85 - 3/87 General Psychiatric Private Practice
Acute Inpatient and Outpatient Treatment
San Francisco, CA
Psychiatric Consultant
Drake House Adolescent Group Home
- 10/84 - 7/85 Assistant Clinical Professor
New York Hospital, Westchester Division
Cornell University Medical Center
White Plains, N.Y.
- 3/80 - 4/81 Associate Family Practitioner,
Ribton Wade M.D., Coachella, CA

PROFESSIONAL ASSOCIATIONS:

- 2001 - Present American College of Psychiatrists
Psychiatry Resident-In-Training Commission (PRITE) 3/20/2020 – February 2023
- 2000 – Present American Psychiatric Association, Fellow 2014
- 2014 – 2016 American Public Health Association
- 2000 - Present Black Psychiatrists of America

- 1991 - 1994 Founder, Chair of Board of Directors
International Coalition of Women Physicians
- 1991 - 1993 Chair, Council on the Concerns of Women Physicians
National Medical Association
- 1992 -1996 Founding Member, Women of Color Coalition for Reproductive Health Rights

HONORS/AWARDS:

- 9/2020 Member, Scientific Board of the Centre for Society and Mental Health at King’s
College London.
- 9/2019 Fellow - Institute of Infant and Early Childhood Mental Health, Tulane University
School of Medicine
- 8/2018 Co-Chair - New Orleans City Council (R-18-344) Children Youth Planning Board
Taskforce on Childhood Trauma.**
- 5/2018 American Psychiatric Association Award for Excellence in Service and Advocacy
- 8/2013 The Links Incorporated Crescent City Chapter 2013 Champion for Change
- 12/2012 United Health Care 2012 Phenomenal Woman Humanitarian Service Award
- 11/2012 Black Psychiatrists of America Delgado Memorial Lecture Award
- 5/2012 American Psychiatric Association Jeanne Spurlock MD Minority Achievement
Award
- 6/2010 Essence Inspire Award. Essence Magazine
- 4/2010 Women Making A Powerful Difference Leadership Award. Ebony Magazine
- 11/2006 Black Psychiatrists of America Isaac Slaughter Leadership Award
- 2002 2002 Fellow, Avery Institute for Social Change
- 12/1998 Champion of Public Health
Tulane University School of Public Health and Tropical Medicine
- 1994 Delta Omega, National Honor Society for Public Health

1990 Outstanding Faculty of the Year
Department of Psychiatry, Louisiana State University

7/82 - 6/1984 American Psychiatric Association/ National Institute of Mental Health Resident Fellowship

PRESENTATIONS: (month/year – past 7 years)

2/6/20 Race, Poverty, Childhood Trauma in NOLA: Implications for Psychiatrists. Grand Rounds Boston University School of Medicine, Department of Psychiatry. Boston

12 /2019 Preventing / Healing Traumas: For the Love of Our Children. Institute of Mental Hygiene Annual meeting. New Orleans

11/2019 Childhood Adversities in Communities of Color: Indication for Health Care Providers. Tulane University Grand Rounds. New Orleans

10/2019 Health Outcomes Related to Violence – Mental Health. Charles R. Drew School of Medicine and Science. Los Angeles

9/2019 Towards a Global Agenda for Addressing Adverse Childhood Experiences in People of Color. 3rd African Diaspora Global Mental Health Conference. Cape Town. Sponsored by Boston College, MA

7/2019 Ending the Epidemic of Childhood Trauma. Congress of the United States, House of Representatives, Committee on Oversight and Reform, DC

3/2019 Race, Poverty, Childhood Trauma in NOLA: Implications for Psychiatrists. Grand Rounds Tulane University Department of Psychiatry Child and Adolescent Division, New Orleans

11/2018 He sees, She Sees. Gender differences in witnessing violence and self-reported mental health symptoms among youth in an urban public-school population. American Public Health Association Annual Conference. San Diego

10/2018 Developmental Trauma and Attachment. Keynote address – Health Inequalities Research Network. Institute of Psychiatry. Kings College, London

05/2018 Indirect Exposure to Violence and Mental Health outcomes among a community-based sample of youth: need for trauma-informed programming. American Psychiatric Association Annual meeting. New York, NY

11/2017 What's Health Got to Do with Post-Disaster Trauma? 7th International Conference on Building Resilience, Bangkok, Thailand

1/2017 In That Number: "A Public Will Campaign to Promote Trauma Informed Care Services for Youth. American Public Health Association Annual Meeting. Atlanta, GA

09/2017 Creating Trauma-Sensitive Communities. Annie E Casey Foundation Webinar

08/2017 Women of Color in Leadership. National Council for Behavioral Health, Health Disparities Leadership Program

06/2017 Creating Trauma-Sensitive Communities: Case Study, New Orleans Youth. Annie E Casey Foundation Family-Centered Community Change Convening

06/2017 Reframing Trauma to Reduce Risk: Collaborating to Achieve Lasting Impacts for Youth. Pathways to Resilience Global South Perspectives - Ungar

03/2017 Reframing Trauma to reduce Risk: Implementing a Trauma-Informed Approach to Teen Pregnancy. Society of Adolescent Medicine (SAMH)

09/16 What's Stress Got to Do with It: Breastfeeding Equity, Resilience. Webinar for US Breastfeeding Committee

09/2016 Culture and Resilience: Lessons from New Orleans and Japan. 6th International Conference on Building Resilience Auckland, New Zealand

07/2016 Reframing Trauma to Reduce Risk: Implementing a Trauma-Informed Approach to Teen Pregnancy. HHS Office of Adolescent Health. Washington DC

11/2015 White House Conference on "Advancing Equity for Women & Girls of Color: A Research Agenda for the Next Decade" – Panelist – Health Equity

10/2015 Sexual Trafficking of the Black Female – Putting Trauma Informed Principles into Therapeutic Action. 2015 APA Institute on Psychiatric Services. Panelist. New York

11/2014 Sexual Trafficking of the Black Female – Public Health Perspectives. 2014 APA Institute on Psychiatric Services. Panelist. San Francisco

11/2014 Trauma Exposure and Mental Health Outcomes among Youth in New Orleans. American Public Health Association's annual conference. New Orleans

8/2014 Utilizing Acupuncture for Management of Stress-Related Disorders. Tulane University Department of Psychiatry Grand Rounds. New Orleans

7/2014 Healing the Healer: Wellness Begins With Me. ROSE Breastfeeding Summit. Black Health Matters. Morehouse School of Medicine. Conference. Atlanta

- 6/2014 Interdisciplinary Look at Racism-based Stress and Pregnancy. Tulane University Black Women's Health Conference. Moderator. New Orleans
- 6/2014 Mental Health and Teen Pregnancy Prevention. DHHS Office of Adolescent Health Teen Pregnancy Prevention Meeting. Roundtable Facilitator. Washington DC
- 5/2014 Stressful Life Events and Mental Health Outcomes among Youth in New Orleans. Health Inequalities Research Network (HERON) Scientific Meeting. Institute of Psychiatry, Kings College, London, England
- 5/2013 Wails from the Field. Adapting TPP Programs to Address Mental Health / Emotional Resiliency among New Orleans Youth. DHHS Office of Adolescent Health Teen Pregnancy Prevention Meeting. Washington DC

RESEARCH:

- 01/18 - present Co-PI New Orleans local site – Johns Hopkins multi-site Global Early Adolescence Study of Gender norms
- 08/13 – 08/16 Co-PI: Developing community-driven constructs and indicators for African American youth well-being and resilience
- 07/10 – present Screening vulnerable youth for PTSD, Depression, Basic need worries and exposure to violence in post-disaster context (New Orleans)
- 1/04 The Role of African American Culture in HIV Risk Factors: A qualitative analysis. Vanderbilt/Meharry CFAR Sub-contract (NIH 1 P30 AI054999 01)
- 9/00 Qualitative Analysis - The stages of Racial Identity Development in African American Adolescents.
- 8/93 Qualitative Analysis - Focus Group Discussions analyzing the use of the Female Condom among African American Women.
- 5/93 Qualitative Analysis - Focus Group Discussions assessing attitudes and practices regarding tobacco smoking among African American women.
- 10/92 - 12/94 Research Psychotherapist, Tulane University Treatment of Cocaine Abuse: Psychotherapy of Black Males. PI - Jose Pena M.D.
- 6/92 Qualitative Analysis - Focus Group Discussions assessing the acceptability of the female condom among low income African American women. FDA pre-approval study.

FORENSIC EXPERT WITNESS:

1/06 – 5/06 Mitigation Expert - U.S. vs. Williams - Philadelphia Federal Court
11/06- 1/07 Psychiatric Evaluation – N.J. vs. Wilson - Essex County, NJ
12/06 – 2/07 Psychiatric Evaluation – N.Y. vs. Fernandez - Supreme Court of NY

EXPERT WITNESS - other

6/07 Anderson v Jackson, US District Court for Eastern Louisiana. Expert testimony on the psychiatric sequelae of housing inequities post-Katrina

PUBLICATIONS (peer-reviewed):

Shervington D, Richardson L. Mental Health Framework: Coronavirus pandemic in post-Katrina New Orleans. J Inj and Violence Research. In press May 2020

Gollub EL, Green J, Richardson L, Kaplan I, Shervington D (2019) Indirect violence exposure and mental health symptoms among an urban public-school population: Prevalence and correlates. PLOS ONE 14(11): e0224499. <https://doi.org/10.1371/journal.pone.0224499>

Shervington D, Richardson L. What Does Post-Disaster Trauma Have to Do with Health. Modern Environmental Science and Engineering Issue; 11, Dec 2019

Broussard B, Eitmann L, Shervington D. Sex Education through a Trauma-Informed Lens: Do Parents Who See Trauma as a Problem for Youth Support Trauma-Informed Sex Education? American Journal of Sexuality Education. 05 Mar 2019 Available from: <https://doi.org/10.1080/15546128.2019.1566948>

No One is Coming to Save Us: Coping with the Stressful Aftermath of Katrina. Journal of the National Medical Association. April 2007.99(4). 466-468.

Culturostatic Load and HIV Risk Factors in African Americans. Accepted for Publication. Journal of the National Medical Association

Shervington, Bland. A Study of Psychosocial Determinants of Cocaine Dependence in African American Males. Addictive Disorders and Treatment. Jun 2004

Pena, Bland, Shervington, Rice, Foulks. Racial Identity and Its Assessment in a Sample of African American Men in Treatment for Cocaine Dependence. Am J. Drug Alcohol Abuse. 2000. 26 (1) .97-112.

Pena, Bland, Shervington, Rice, Foulks. A Two-Rate Hypothesis for Patterns of retention in Psychosocial Treatments of Cocaine Dependence: Findings from a Study of African American Men and a Review of the Published Data. *Amer J. on Addictions*. 8:319-331. 1999

Ethnicity, Gender Identity, Stress and Coping Among Female African-American Medical Students. Shervington, Bland, Myers. *JAMWA*. 1996;51:4. 153-154.

Foulks,E;Bland,I;Shervington,D.Cross Psychotherapy Across Cultures. Annual Review of Psychiatry. Vol 14. APA Press. Wash DC. 1995. 511-528.

Reflections on the Resistance of African American Women to Population/Birth Control. Beyond the Numbers: A Reader on Population and Control Issues. Island Press. Apr 1994

Attitudes and Practices of African American Women Regarding Cigarette Smoking: Implications for Intervention. *JNMA*.1994;86(5):337-343.

The Acceptability of the Female Condom Among Low Income African American Women. *JNMA*.1993;85:341-347.

Reports / White Papers / Briefs:

Understanding the Landscape of Mental Health Care in New Orleans: Availability, Access and Gaps. Nov 2019

Called to Care: Promoting Compassionate Healing for Our Children. October 2019

Ending the Epidemic of Childhood Trauma. July 2019.

Culture and Resilience: Lessons from New Orleans and Japan. 2016. Available from: www.iwesnola.org

Richardson L. Shervington D. Resilience and Resistance: Addressing Acute and Chronic Adversity in Communities of Color. 2015. Available from: www.iwesnola.org

Shervington D. Shaping Emotional Preparedness and Resilience in Post-Disaster New Orleans: Learning from the Japanese. 2009. Available from: www.iwesnola.org

Shervington D, Richardson L. State of Black New Orleans 2007: A Mental Health Report. Commissioned by the New Orleans National Urban League. Available from: www.iwesnola.org

Books:

Healing is the Revolution. Institute of Women and Ethnic Studies Publication. N.O., LA. 2019.

Crooked Room Stories From New Orleans. Editor. Institute of Women and Ethnic Studies Publication. N.O., LA. 2015

Stories Of Survival and Beyond – Collective Healing After Hurricane Katrina. 2007. www.lulu.com

Soul Quest: A Healing Journey For African American Women. 1st Ed. PHM Productions, New Orleans. 1994

Soul Quest: A Healing Journey For African American Women. 2nd ed. Crown Pub. New York, N.Y. 1996

Soulscape: Creating Sacred Spaces in our Daily Lives. Silver Lion Press, Atlanta, GA, 2001

Three Women: Silver Lion Press, Atlanta, GA, 2001